

TROWBRIDGE AIKIKAI

SPRING KEIKO 30 & 31 MARCH 2019

Once again we are pleased to welcome from Australia our visiting shihan Hanan Janiv 7th dan Hombu.

DRAFT TIMETABLE (changes may occur at sensei's request)

SAT 30th	10am -12 pm	Janiv sensei
	12.30-2.00pm	Janiv sensei
	2.30 pm	Grading tests <small>(Udansha tests are conducted with permission of Aikido Hombu)</small>
SUN 31st	10am -12 pm	Janiv sensei
	12.30-2.00pm	Janiv sensei



ALL CLASSES WILL BE AT WEST ASHTON
COST: £5.00 PER SESSION.

Tatami may have to be put down on Saturday morning, although the Zen Judo group usually kindly oblige by laying them for us. But we will need to put them away after Sunday's sessions. Please allow some time in your schedule to assist.

